**Cancer** – Some herbs to consider: {\*= available at I-TAL ACRES} \*Celandine, \*Dandelion, \*Andrographis, \*Sweet Annie, Ashitaba, Black Seed, Bloodroot, Burdock, \*Red Clover, \*Cleavers, Garlic, Figwort, Goldenseal, \*Jiao-gu-lan, \*Cayenne, \*Sheep Sorrel, \*Tulsi, \*Poke Root, \*Reishi, Red Root (NJ Tea), Cannabis (check state legality), Moringa, Pau d’Arco

**Chemo & Rad.** – \*Ashwagandha, \*Astragalus, \*Tulsi, \*Jiao-gu-lan, Ginseng, Cannabis (check state legality), Eleuthero, Curry Leaf Tree (all generally help with energy/exhaustion as well)

**Herbs and Cancer – Additional Info**

**\* Cleavers** – lymphatic cleanser, promotes lymph circulation, remove metabolic waste, blood purifier; rich in chlorophyll

**\*Celandine** – alterative, helps re-establish healthy immune function, especially in cases of organ stasis and wasting diseases. Prophylactic against cancer and used to treat cancer – helps free up and disperse toxins; Low Dose Botanical

**\*Andrographis** – used as part of anti-cancer therapy, where it is anti-carcinogenic, anti-inflammatory, pain relieving, and eliminative (low dose botanical)

**\*Dandelion** – blood cleanser and detox; see article

**\*Sweet Annie** – shows promise in treating leukemia and non-small-cell lung cancer.

**Black Seed** – Oil has anti-neoplastic effect, reducing blood flow to cancerous tumors. Oil and tincture used against colon and breast cancer.

**\*Red Clover** – blood thinning alterative, helps body remove metabolic waste and prohibits the attachment and metastasis of abnormal cells; one of the best single supplements for prevention and treatment of cancer; helps normalize blood pressure and cholesterol, and promotes youthfulness.

**Figwort** – a lymphatic stimulant, used for treating congestion in the lymph nodes and lymphatic cancer; a general anti-inflammatory.

**Garlic** – Cooked garlic has a deep seated digestive and immune-enhancing effect; preventative of arteriosclerosis and used to prevent and cure heart disease and many types of cancer.

**\*Jiao-gu-lan** – The herb has a profound anti-oxidant effect, with a lowering of free radical damage; increased production of white blood cells, especially in immune-depressed individuals, and those who have recently undergone radiation or chemo. Daily use can significantly speed recovery from debilitating illness; positive results in area of cancer prevention and shrinking of tumors.

**\*Cayenne** – May be taken as part of daily diet to ward off disease in general and specifically act as a prophylactic against cancer.

**\*Sheep Sorrel** – Fights degenerative diseases including runaway bacterial infections, parasitic infestations, and cancer. Detox and tonify bodily tissues and organs. Anti-neoplastic, inhibits proliferation of abnormal cells while ridding the body of endotoxins and metabolic waste; loaded with bio-available vitamins and minerals that promote regrowth of healthy tissue.

**\*Poke Root** – lymphatic stimulant, resolve glandular lymphatic blockage, dispel metabolic waste (low dose botanical)

**\*Tulsi** – Helps reduce deleterious effects of stress, both physical and psychological. Strong anti-oxidant activity slows the aging process and helps prevent and treat cancer, heart disease, arthritis, diabetes, and dementia; normalizes blood pressure, blood sugar, and reduces bad cholesterol; reduce anxiety.

**ITAL DE-TOX Tincture** – Nettle, Vipers Bugloss, Cleavers, Dandelion, Chickweed, Epilobium, Isatis, Tulsi, Yellow Dock, Sheep Sorrel (all herbs grown at I-TAL ACRES)

See also **Dandelion** article and **Pau d’Arco** article.
Educational use only; research these herbs further and consult your inner self and health practitioner. Compassionate Plant and People Advocates; We do NOT treat or diagnose.